



Spread the Health Weight Loss Health Fit in 10 Premium SUBSCRIBE Q

## ADVERTISEMENT

## Keep Up with Cognizin® for the Evolution of Your

SEPTEMBER 1, 2016 By RYOWA



DID YOU KNOW? The brain makes up only 2% of the body's weight, but consumes roughly 20% of the body's energy when at rest. The ability to focus requires both healthy brain cells and an ongoing supply of nutrition to provide energy.

You ask a lot of your brain. Modern life is complicated with being constantly on the go with work, family, while balancing any semblance of a personal life, your brain's energy drains quickly and often.

With their breakthrough research and technology, Kyowa Hakko is forging its way in the cognitive health and supplement market with Cognizin®, its branded form of Citicoline. Citicoline is a natural substance found in every cell of the body and is especially important to brain health.

 $Cognizin^{\textcircled{$0$}} is an ultra-pure, clinically-supported, branded form of Citicoline that can be found in many high quality dietary supplements$ that support brain health. Do yourself a favor and give your brain energy, nourishment and protection it needs with Cognizin  $^{\otimes}.$ 

Discover 5 health benefits of adding Cognizin® to your daily regime:

- 1. Supports mental energy\*
- 2. Supports focus and attention\*
- 3. Supports healthy cognitive function\*
- 4. Assists your ability to stay focused\*
- 5. Supports healthy brain activity\*

Featured Products with Cognizin®







Coming in October

To find more products that contain Cognizin®, visit cognizin.com/where-

\*These statements have not been evaluated by the Food and Drug Adm This product is not intended to diagnose, treat, cure, or prevent any dis

